AFL-CIO's MEANSY LATE LAST MONTH told Conference on Full Employment in Washington that, "Full employment is not going to be achieved by wishful thinking, rousing speeches or one-shot gimmicks." He noted federation has taken no position on right-to-job bill sponsored by Rep. Augustus Hawkins (D., Calif.), although AFL-CIO is committed to objectives through concrete federal action. As in past, Meany blasted policies of Federal Reserve boss Arthur Burns, but credited Richard Nixon, William Simon and Ford chief economic seer Alan Greenspan with giving Burns "a lot of help." Meany also charged Ford Ad- ministration with "fighting inflation with the jobs of workers."

WHILE AT UNION LABEL SHOW IN MILWAUKEE EARLIER, Meany was asked by reporter for his reaction to area construction industry proposal that building trades unions give up negotiated wage hikes. AFL-CIO chief stressed an- swer is up to construction unions but added if he were running unions, he "wouldn't forgo any increase in contracts unless there were some jobs forthcoming ... the idea --- as far as forgoing increases that have been negotiated and are part of a valid contract --- of giving this up in return for nothing, I wouldn't buy that."

The California Labor Federation, AFL-CIO, of which Bus. Mgr. Mitchell is a vice-president, has sent a letter to all Labor Councils and affiliated local unions urging that we inform our members that there are six measures of major im- portance to California workers which will be taken up by the legislature when they reconvene on August 4, 1975. We ask that you write or call your assemblyman or state senator and urge them to vote yes on the following measures:

**SB 719 - Roberti, to outlaw professional strikebreakers;**
SB 719, the anti-scab bill passed the State Senate for the first time in history last month, has been referred to the Assembly Labor Relations Committee. This com- mittee is chaired by Assemblyman Jack R. Fenton and includes Assemblymen Siegler, Alatorre, Antonovich, Berman, Briggs, Craven, Meade, Mori, Papan and Vincent Thomas. Please urge any of these Assemblymen within your jurisdiction to vote for SB 719.

**AB 91 - McAlister, to boost the maximum weekly jobless benefits from $90 to $104;**
AB 91 won Assembly passage June 27th and was sent to the Senate where it is expected to be assigned to the Industrial Relations Committee chaired by Senator Zenovich. Please contact all Senators in your jurisdiction to urge support for this needed improvement in jobless benefits.

**AB 232 - Leroy Greene, to let workers keep all tips received and bar employers from deducting any portion of tips from wages due:**
AB 232, the tips bill, has passed the Assembly and been approved by the Senate Finance Committee. It is due for a Senate floor vote early in August. Please urge all senators in your jurisdiction to support SB 232 and oppose all crippling amendments.

**SB 261 - Roberti, the price marking bill, to require super- markets or grocery stores selling consumer commodities at retail to have a clearly readable price indicated on each item offered for sale;**
SB 261, the price marking measure, is one of the major consumer issues before the legislature this year. Its enactment is vital to protect the consumer's right to compare prices while shopping as well as protect the jobs of thousands of mem- bers of the Retail Clerks Union. It won Senate approval by a 21 to 4 vote last month and is scheduled to be taken up by the Assembly Committee on Finance, Insurance and Commerce chaired Assemblyman McAlister on August 11. Other members of this committee are: Assemblymen Siegler, Alatorre, Antonovich, Berman, Briggs, Craven, Meade, Mori, Papan and Vincent Thomas. Please urge any of these Assemblymen within your jurisdiction to vote for SB 261.

**SB 743 - Moscone, to curb the unfair use of temporary restraining orders and preliminary injunctions to bar peaceful picketing:**
SB 743 won Senate passage by a 21 to 17 vote June 27 and has been referred to the Assembly Labor Relations Committee chaired by Assemblyman Jack Fenton. Please urge all Assemblymen within your jurisdiction to support this bill.

**MEETING BETWEEN MEANY AND HENRY KISSINGER is reported to have taken place at AFL-CIO headquarters late last month at request of Secretary of State. While details of the high-level meeting are not available, Meany is concerned about AFL-CIO walkout from International Labor Organization in protest against admission of PLO. AFL-CIO lobbyists shortly thereafter were suc- cessful in getting Congress to withhold U.S. contribution to ILO, at least for next six months. Walkout at Geneva ILO meeting was led by AFL-CIO Sec.-Treas. Lane Kirkland. Israel's Histadrut also walked out of meeting.**

**STEELWORKERS' ABEL WAS NAMED CHAIRMAN of Labor Policy Ad- visory Committee for Trade Negotiations at second meeting of group in mid-June. Glass Bottle Blowers Pres. Harry Tully was named vice-chairman. Number of indus- try subcommittees were formed at meeting. Attempt by high level Labor Dep't staffer to retain chair at meeting of electronics section (subcommittee) was repulsed as result of strong protest by union representatives. IBEW's Charles Pillard was named section chairman and U.I.E.'s Jennings was named vice- chairman. Meetings took place at Labor Department.**

(Continued on page two)
Today I am releasing the text of the Labor-Management Committee's recommendations for legislative and administrative measures to increase electric utility construction and output.

Having carefully reviewed these recommendations, I accept and endorse them because they can make a significant contribution. The resolution of the nation's dependence on oil imports and in conserving scarce natural gas supplies.

Additionally, an expansion in electric utility construction and production will provide jobs, and a tax break which will be highly beneficial to the economy. The increased investment in electric utility capacity will also contribute significantly to economic expansion.

I will take steps promptly to create the task force the committee recommends to tackle the problems of site development, which is a primary topic of the long lead time on construction, completion of plants now in advanced stages of planning or under construction must have priority.

The President's Labor-Management Committee recommends a number of administrative and legislative measures to get this basic and strategic sector of the economy moving.

1. The President's Labor-Management Committee earlier recommended that the investment tax credit for utilities be increased from 4 percent to 12 percent a year. The Congress has raised the investment tax credit to 10 percent for a two-year period. The committee still believes the 12 percent figure is appropriate and, in the case of electric utilities, this credit should be extended indefinitely and apply to construction work in progress to stimulate this vital sector which produces critical capacity problems for many years. This proposal is designed to stimulate non-oil and non-gas facilities.

2. In view of the length of time required to complete the construction of electric utility plants, the Federal government should permit depreciation for tax purposes on construction expenditures as made, provided such costs are included in the rate base.

3. The five-year, fast-write-off of pollution control facilities should be extended by legislation beyond 1975. The proposal is designed to stimulate this vital sector which produces critical capacity problems for many years. This proposal is designed to stimulate non-oil and non-gas facilities.

4. The Nuclear Energy Credit Act (Public Law 94-206) should be extended.

5. The urgent need for equity capital in the electric utility industry should be met by a legislative provision that dividends which are reinvested in new issue common stock of the company have tax deferred.

The committee recommends that the above legislative proposals be incorporated in a single piece of legislation in view of the special need for greater electric utility capacity from nuclear sources in the 1970's.

In conclusion, the committee recommends that every effort be made to accelerate the construction of electric utility power plants that are needed to meet the nation's energy demands for 1980 and 1985 seriously jeopardizes our national objective of lesser dependence on imported oil. It also threatens continued economic growth, promises to retain essential job creation and inhibits measures to reduce unemployment. Since electric utilities require a number of years to get new plants on stream, the current slippage of schedules and cancellation of new facilities may be expected to extend into the early 1980's and serious reductions to economic expansion. It is imperative that there be substantial restoration of construction of electric utilities at once. Special measures are needed to shorten significantly the very long lead time which now exists between development of a project and its completion.

The time has come for government to cooperate in the same spirit in addressing and resolving the nation's problems. I thank the committee for its continuing work and appreciate its efforts in the national interest.

Signed, Gerald R. Ford
Reducing the staggering toll of alcoholism

By Marion Wells

Research Director, AMERICAN PHYSICAL FITNESS RESEARCH INSTITUTE

It's one of our nation's LEADING HEALTH PROBLEMS, and it's affecting thousands of its roughly NINE MILLION OR MORE VICTIMS, but MANY MILLIONS MORE of their family and friends. Yet the ILLNESS known as ALCOHOLISM has been called "... THE MOST TREATABLE, UNMETHODED DISEASE IN THE COUNTRY."

If you suspect you may be heading toward a drinking problem, the insight and data that follow can prompt help you pay rich dividends. Experts say the sooner you get help, the more MONEY AND MISERY you're apt to save and the BETTER your chances for RECOVERY.

That's good news when you consider that in 1971, alcoholism resulted in an ECONOMIC drain of some TWENTY-FIVE BILLION DOLLARS, not to mention IMMEASURABLE human suffering. What is the present situation? According to a WHO government report, drinking is almost universal among American youth, and recent survey findings indicate that within the total adult population, the eighteen to twenty age group has the highest proportion of problem drinkers.

Could you help reduce your youngsters' chances of developing a drinking problem? Not only can parental drinking habits set a significant example for youngsters, but an unborn baby can become intoxicated if the mother drinks heavily during pregnancy. Authorities explain that "... alcohol passes to the fetus in approximately the same concentration as the mother relates in her blood." In some cases, newborn infants have required treatment for withdrawal from alcohol. Such observation reported "... opens up the possibility, based on the view that alcohol is a drug defined by withdrawal phenomena, that such infants are in fact born alcohol addicts, or that the previously addicted mother may have a permanent addictive liability in the newborn child's central nervous system.

Do you drink to be "social"? When it comes to interpersonal relations, excessive drinking may give you more of a "low" than a "high." Data indicates that chances of a marriage going on the rocks are about seven times greater for alcohol abusers. The percentage of suicides, murders and accidents in which alcohol is a factor is enough to make ANYONE STAGGER!

Alcoholism and HEALTH don't mix. Either alcoholism has been linked to brain, liver and heart muscle damage, some cancers, gastrointestinal problems, malnutrition and lowered resistance to disease. HOW CAN YOU TELL when drinking is becoming a problem? Give yourself this quick quiz on early warning signs. A "yes" response to one or more items does not NECESSARILY mean you're becoming an alcoholic. It DOES mean your drinking habits may demand closer study or evaluation.

Are you careful to keep a readily available supply of alcohol on hand? Do you have a frequent desire for a drink at a certain time of day? Do you start looking forward to evening drinks in the morning? When alcohol is not served at a function, are you disappointed? Do you drink to relieve discomfort? Is your drinking affecting your loved ones? Do you desire to drink and maintain an alcohol induced "high?"

The British Journal of Addiction has listed memory blackout as a significant sign of developing alcoholism. Have you been unable to recall the next day what you did after a few drinks the evening before? This is a trite sign of the risk when you're drinking early in the day or alone, and if your job or finances are being adversely affected.

If you think trouble might be ahead for yourself or a loved one, there are many places you can turn for additional professional help, including your family physician, your local place of worship, the closest chapter of Alcoholic Anonymous or the nearest local Alcoholism Council.

An additional source of support you can't afford to overlook is a NUTRITIOUS, WELL BALANCED DIET. Emanuel Cheraskin, M.D., DIET RESEARCH INSTITUTE, 824 Moraga Drive, West Los Angeles, Calif. 90049, has been demonstrated to be beneficial to any stage of alcoholism. In fact, the physical and emotional improvement which occurs will bring many alcoholics into such groups as Alcoholic Anonymous that would or could not have made this move without nutritional assistance.

Dr. Cheraskin also reports that testing in alcoholics suggests a substantial percentage may have low blood sugar. He states that "Exalcoholics often report that period of low blood sugar causes a thist or craving for alcohol, caffeine, nicotine, or sweet." If excessive drinking is a concern, consult your physician to see if tests for low blood sugar are in order. Also, ask your doctor about the advisability of supplements, particularly B complex, calcium and magnesium.

One final note. There is some evidence to suggest that a poor diet may be a contributing factor in alcoholism, at least in certain cases. Taking a critical look at your diet NOW, minimizing "naked calorie" snack foods and sweets and ensuring an adequate intake of essential nutrients can't POSSIBLY hurt, and might be of more benefit that we realize.

If anything has to GO DOWN THE DRAIN, it's better that it be ALCOHOL and NOT your LIFE! Provided by a public service of the AMERICAN PHYSICAL FITNESS RESEARCH INSTITUTE, 824 Moraga Drive, West Los Angeles, Calif. 90049.

J.S. Ayers

Utility Reporter—July, 1975—Page Three
Employees Raise Funds for Memorial to SMUD

What started as an idea at a unit meeting will soon result in a memorial to the employees of SMUD who were killed on the job. Some time ago, the idea of some kind of memorial to SMUD employees went to an architect friend who came up with designs and soon cost figures were available. The estimate was $5,000 and that meant that there was work to do.

Local 1245 members Ron Messina and Ken Mey started a fund raising committee. They were joined by many others from all facets of the District's operation. They planned and coordinated the May 3rd dinner-dance and the second dance which received widespread support. It was decided to hold the May 3rd of this year and netted $3,100. Many members donated $1,000 worth of prizes which added to the spirit of things and the proceeds from the second dinner dance contributed to the memorial.

The majority of people in attendance at the first dinner-dance were from all facets of the District's operation. They participated in the fund raising committee. They were joined by many others from all facets of the District's operation. They planned and coordinated the May 3rd dinner-dance and the second dance which received widespread support. It was decided to hold the May 3rd of this year and netted $3,100. Many members donated $1,000 worth of prizes which added to the spirit of things and the proceeds from the second dinner dance contributed to the memorial.

The Sacramento Municipal Utility Dist. will donate certain parts of the memorial. The monument itself will be designed to symbolize long life and strength, with a hard hat at the top of the 16 foot structure. The hard hat was a symbol of the construction industry.

The structure will be tilting forward as a tribute to those who have died in the line of duty. The memorial will be located just outside the Service Center at 59th and R Streets in Sacramento. It will only serve as a memorial to those who have died, but also as a reminder to others who are working on the job to work safely.
to S.M.U.D. Employees killed on the job

A meeting will soon come to fruition in the form of S.M.U.D. memorial that honors employees killed on the job. The meeting was to discuss the idea of creating a memorial for those who lost their lives while working for the utility. Several employees were involved in planning and organizing the memorial.

The idea of a memorial was discussed by various employees, including Shop Steward and Vice-Chairman of Unit 3911. They came up with a design for a memorial that would honor those who lost their lives. The estimated cost of the memorial was $3,100, and many community members contributed to the fund.

The memorial will be made of stainless steel, with a hard hat encased in plastic to symbolize the electrical work done by those who have lost their lives. The memorial will be located just outside the main gate of S.M.U.D.'s facility in Sacramento, California. It is planned to be a reminder to those who have died and those who are still working in the utility.

The memorial will be a tribute to the employees who have lost their lives and will serve as a reminder of the dangers of the job.


Beautiful weather and few tiddies were enjoyed by those shown above and below.

This photo shows more of people enjoying the Redwing band.

Shown above and below are some of the people who attended the July 19th Dinner Dance.
The Amador Girls Softball League was formed because girls couldn’t join the Little League in 1974 and the girls in the area didn’t have as many activities to participate in as did the boys.

The parents held a meeting to start a league and recruit coaches and managers from the Ione, Jackson, Sutter Creek and Pioneer-Pine Grove areas. They got the necessary volunteers and sent sign-up sheets to the schools. The junior teams consisted of girls from age 9 to 12 and the senior teams consisted of girls 12 to 14 years of age.

Each manager was responsible for obtaining funds for equipment and uniforms through sponsors. The American Legion of Martell bought equipment and uniforms for the team managed by Shop Steward Bob Liess. Bob is an electrical machinist for P.G.& E. at the Tiger Creek Power House in Stockton Division.

The teams needed a practice field because the one school field was taken up by other teams. Brother Liess contacted the owner of a 1 acre lot next to him, and received permission to level it for a practice field.

One man donated his D-4 cat to level the property and another his truck and Lo-Boy trailer to move the D-4.

Local 1245 member Don Marshall, 1st Operator at Tiger Creek Power House, cut seven cedar trees on his property and donated them for the backstop. A local lumber company in Pine Grove donated the rest of the lumber for the backstop.

Mike Behrendt, assistant coach of the Jr. and Sr. teams, is also a member of Local 1245 and a water systems plant operator for P.G.& E. The efforts of Bob Liess, who did a great deal of the work on the backstop, combined with the efforts of Don Marshall, Mike Behrendt and many other members of their community have done a great public service. The girls have something constructive to do and it is a family oriented activity.

Brother Liess’ team won the Jr. championship the first year and he manages both a junior and senior team this year.

They have their own rules which have been voted on at meetings. They have rules such as no stealing, no sliding and every girl will play at least two innings. All the other rules are governed by the slow-pitch softball rule book.
LABOR Oakland Oakad tax

Labor has won the first round in its battle to block an Oakland city income tax.

Alameda County Superior Judge Mark A. Minder agreed to the union's contention that the proposed city income tax is unconstitutional.

The judge said in a statement of his intended decision. LABOR — in a shape of Richard K. Byrd, president of the county Labor council — has represented the city's charter, which states that the county Labor Council shall be the sole bargaining agent for the employees employed in the city.

The Labor Council filed a petition in Superior Court to challenge the constitutionality of the proposed tax. The judge said the tax would not be a tax on income, as defined by the constitution, but rather a tax on property, as defined by the constitution.

10 Reasons for health security

WASHINGTON — What's in the Kennedy-Corman national health security program for the worker?

At a recent rally for Health Security, Vancouver, Wash., the director of social security for the Auto Workers, conducted a workshop on this question.

With the goal of out the broad advantages which health security would provide all Americans, he listed 10 specific advantages:

1. It would provide free health care for the whole family. Health security would provide comprehensive benefits for everyone. Billions of dollars are spent annually for negotiated health programs could be spent for improving wages, pensions, shorter work weeks and the like.

7. It would provide an important new mechanism to improve access to health care. Today an employed person earning $6,000 per year and one earning $60,000 pay the same premium for the same private insurance coverage. Through the social security and the general revenue contributions, those earning less would pay more, ensuring the equivalent to what workers are already paying as Medicare tax.

9. It would bring unionized and non-union workers closer together. After numerous bargaining sessions and one prior rejection of a proposed settlement by the mem-

Sierra Pacific wage settlement

The agreement with the Sierra Pacific Power Company in Nevada provided for a wage opener only this year. After numerous bargaining sessions and one prior rejection of a proposed settlement by the mem-

Political Support Needed

SB 394 - Marks, to require the University of California to pay Building and Construction trades workers prevailing wage rates.

SB 394 won Senate approval by a 21 to 14 vote last month and has been referred to the Assembly Committee on Public Employees and Retirement chaired by Assemblyman Julian Dixon. Please call on Assemblymen in your jurisdiction to vote for SB 394.

Participate in the political process by sending letters to Assemblymen and Senators within your area urging affirmative action on each of these six bills.
**Safety Orders**

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Due to recent changes in section 1540 of California's Construction Safety Orders and numerous violations having been cited during CAL/OSHA inspections, we are setting the rules governing correct shoring procedures for trenches that workmen must enter. These rules are set down by the State of California, Dept. of Industrial Relations, Division of Industrial Safety.

The new changes were effective on June 20, 1975 and are as follows:

Adopt new Subparts (1), (2), and (3) to Subsection (a) of Section 1540 to read:

1. Prior to opening an excavation, effort shall be made to determine whether underground installations, i.e. sewer, water, fuel, electric lines, etc., will be encountered, and if so, where such underground installations are located. When the excavation approaches the approximate location of such an installation, the exact location shall be determined by careful probing or hand digging, and when it is uncovered, adequate protection shall be provided for the existing installation.

2. Trees, boulders, and other surface encumbrances, located so as to create a hazard to employees involved in excavation work or in the vicinity thereof at any time during operations, shall be removed or made safe before excavating is begun.

3. Excavations shall be inspected by a qualified person after every rainstorm or other hazard-increasing occurrence, and the protection of slides and caves-ins shall be increased if necessary.

Amend Subsection (b) of Section 1540 to read as follows:

(b) Guarding. The walls and faces of all excavations 5 feet or more in depth which employees will enter shall be effectively guarded by a shoring system, sloping of the ground, or other equivalent means.

Amend Subpart (4) of Subsection (c) of Section 1540 to read:

(c) A civil engineer, registered in California, may design shoring or sloping systems to include soil evaluation study, slope stability, and determination of forces to be resisted, together with plans and specifications of the materials and methods to be used. When tie rods are used to restrain the top of sheeting or other retaining systems, the rods shall be securely anchored.

The new change listed above should

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**HARD COMPACT GROUND**

Trenches 5 feet or more deep and over 5 feet long must be braced at intervals of 8 feet or less. A strut brace is required for each 4-foot zone into which the trench depth can be divided, with at least two braces for each set of uprights. Steel screw-type trench braces must have a foot or base plate on each end of the pipe, placed horizontally and bearing firmly against uprights. Hydraulic metal jack units, properly maintained and of equivalent strength, also are acceptable.

Timber braces must be in good condition, free from imperfections affecting their strength, well cleated, and rigidly wedged.

**FILLED OR UNSTABLE GROUND**

Sheeting must be provided, and must be sufficient to hold the material in place.

**ALTERNATE TRENCH PROTECTION**

Sloping

Trench or excavation walls must be sloped no less than 1/4 horizontal to 1 vertical or an alternate method to sloping. Soil instability may, however, require a flatter slope.

**PROTECTIVE SHIELDS**

Protective shields or welder’s huts may be substituted for sloping to provide local protection for workmen in trenches. Approval of their design and construction shall be secured from the Division of Industrial Safety by the employer before use.

**ACCESS**

In trenches five feet or more deep, ladders must extend at least 25 feet above the top, unless a safe means of getting in and out of the trench is provided.

There must be a ladder within 25 feet of any worker in a trench.

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**PIPE INSTALLATION**

Length or diameter of pipe being installed does not permit variance with shoring requirements. Shoring protection is required within at least 4 feet of any worker.

**TRENCHING**

California’s Construction Safety Orders give minimum requirements only, but distinctly specify that trenches in all types of earth must be guarded against the hazard of moving ground.

It is the employer’s responsibility to see that employees are not injured from caving ground. Experienced constructors often follow the following advice, which will be helpful in deciding how much sheeting, in addition to the minimum specified, is required:

1. **Beware of Disturbed Ground.**

   Ground that has been filled or disturbed will require additional sheeting and bracing. So will hard compact ground if there is a filled ground nearby. A trench wall that is near another recently filled trench, for example, is unstable, even though it appears to be hard compact material.

2. **Take Special Precautions**

   - **When Moisture Is Present.** Provide extra sheeting where there is water or seepage. Keep the excavation pumped out at all times, and avoid any accumulation of water, day or night, until the work is done.
   - **When Rock-like Material That Softens When Exposed to Air.** Upon exposure to air and moisture, some rocks, like the greenish serpentine found in California, undergo a softening change called air-slaicing. Walls of such rock are hard and solid at the time of excavation, but soften into a slippery, clayey mass.

3. **Guard Against Rock-like Material That Softens When Exposed to Air.** Upon exposure to air and moisture, some rocks, like the greenish serpentine found in California, undergo a softening change called air-slaicing. Walls of such rock are hard and solid at the time of excavation, but soften into a slippery, clayey mass.

(Continued on page seven)